**Interview Guide**

• What are the biggest challenges you have as a student?

-A lot of work and readings

• What are your biggest frustrations when it comes to handling stress?

-Stress always come and I have no idea to handleß them very well.

• What are your biggest frustrations with respect to handling relationships (not necessarily romantic) as a student?

-I cannot know other person’s thoughts for this relationship.

-To accept differences between us in a relationship.

• What are the ways that you are currently managing stress? Why?

-Listen music and Sleep.

-Just get rid of all stresses in a short time and adjust myslef to deal with them later.

• What are the ways that you are currently managing relationships? Is there anything that you wish could be done better?

-Respect everyone’s thought

-keep the boundary between me and other people.

• How do you handle social communication?

-Try to keep open-minded to other people when starting a conversation

• Can you tell me about resources you’ve used on campus to support managing your mental health?

- Health Physical Therapy center

• [If didn’t mention tech above] Can you tell me about any technology you’ve used to manage your mental health?

-music app

-podcast